

# Focus IQube Testimonials

Six Month Review

Smart Technology Association  
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Focus IQube

*“The subtle body is the doorway to the physical body, the brain, and emotions. The master control system of the body is the subtle body. The Focus IQube’s focus is to stimulate the subtle body. Stimulating the subtle body is like rebooting your hard drive. It is an evolutionary gift that focuses on a way to reboot the hard drive of your “computer” with no memory of your judgments of being beautiful, ugly, fat, smart, etc. Our approach is about stimulating the subtle body and allowing it to reboot and restore everything. It is that simple. This new technology is truly about self empowerment. I think it will help each person find their destiny.”*

*~Robert Lloy*

The Focus IQube was first created on August 17, 2010. It was conceived fourteen months earlier.

This booklet is the preface to a greater work. It is a snapshot of the now, and is comprised solely of the first experiences that a few of us had when initially exposed to the Focus IQube. For the most part, it is raw, unedited and in our own words. We suggest that you read it this way - not as a polished, definitive, scholarly work.

It is important to note that these are the insights, perceptions, feelings, and true experiences of those who are awakening to this work and our attempts in “real time” to describe our experiences. There will be more information provided as this work progresses.

The Focus IQube requires a shift in energy and consciousness. We invite you to join us on our journey of awakening.

*~Helena Reilly  
March, 2011*

*\*Note: Some names have been changed to preserve anonymity.*

*“For the past week, I have been using the Focus IQube while studying for the GMAT (Graduate Management Admissions Test). Prior to using the Focus IQube, I took 5 practice tests over the course of 6 weeks. My scores on these five practice tests were: 530, 500, 560, 590, and 550.*

*I then added the Focus IQube to my study regimen. I took two more practice tests and received a 650 and a 670; with a 640 being my score on the real exam. The addition of the Focus IQube to my study program improved my focus and allowed me to study for longer hours. Additionally, my desire to take breaks decreased, and I felt as if the quality of my study sessions increased.*

*A quick heads up - during my first study session, I felt rather anxious and was unable to concentrate. I took the rest of the day off and continued my studies the next day. The next day, I felt calm and focused for the entirety of the study session. I was later assured that this was part of the "grounding process" and was to be expected.”*

*~Mike Reilly,  
August, 2010*

## **MIKE’S STORY: Age 23**

*(As told by Helena)*

Mike took up ice hockey when he was 7 years old and from then on he was like a train on a track. He decided on this goal when he was six years old and viewed the movie “Mighty Ducks” and from then on, he became one-pointed in the pursuit of his passion. He now is an ice hockey goalie at his college.

In the spring of 2010, Mike decided that he would like to pursue an MBA and a potential career in Asset Management and Investment Banking. He was told that he would need to score in the range of mid 600’s to low 700’s on the GMAT to gain admission to a higher level MBA program. As Mike had spent a lot of his youth on the road traveling to hockey practices and games, he had not focused on his academic development as his first priority. His focus and priority was hockey. Some mathematics had been missed when he traveled and played hockey.

Mike enrolled in an interactive online course for GMAT preparation and he proceeded to take the course remotely twice. When he began taking the practice tests, his score was consistently in the low to mid 500’s. We (Helena and Robert) invited him to study for his last week, before the actual test, at our home in Arkansas. The plan was for him to study and take practice tests in the presence of the first created Focus IQube, ending in taking the real exam in Arkansas before he returned for his junior year of college.

We placed the inaugural Focus IQube in the room where he would study and live for the week before the test. Arriving on Tuesday afternoon, August 17<sup>th</sup>, he began studying immediately.

His first reaction was to become a little nauseous and overwhelmed. After a few hours, a swim in the pool, and lunch, he began to take his first practice test. He scored somewhere in the mid 500's. He had only been in the Focus IQube energy for less than an hour when he took this practice test.

Mike continued to study tenaciously in the vicinity of the Focus IQube. Then the breakthrough occurred. Two days before the actual GMAT, Mike took another practice test. I heard him jumping up and down with expressions of joy. He shared with me that he had scored a 650. He was absolutely surprised and ecstatic. From that moment on, it seemed that Mike's brain had switched back on. He did not stop studying. He analyzed his results and began refining his study to mathematical equations and writing verbal language essays. He did not stop.

On Wednesday afternoon, August 25<sup>th</sup>, I (Helena) prepared to drive Mike to Little Rock to the official testing center. At the beginning of the drive, Mike said that he had studied enough and did not want to over-study. About 15 minutes later, he got out his book and started to do math problems. He could not stop himself. He was thinking of a certain mathematical problem that he had been working on and began to focus once again on the task at hand. When we arrived at the Pearson Test Center, he was very calm and focused. He got out of the car and went into the building to register for the test. Four hours later, I saw Mike leaving the building. He was beaming with a wonderful grin. He had scored a 640 on the actual test.

On Thursday, August 26<sup>th</sup> after the exam, I drove Mike to the Little Rock airport to return to college in New York. He later shared with me that during his layover at the Atlanta airport, he decided to take a practice SAT test. As his focus had been primarily on being recruited to play ice hockey, he had only taken the SAT once and had scored around 540. This had effected both his college admissions and his self-esteem. He seemed to lack the confidence to take the test again and the motivation to study to improve his performance. His focus was on playing hockey. In the practice test at the airport, he scored 650.

I was amazed that Mike, after the ordeal of studying for the GMAT and taking it the day before, would use his "time off" period at the airport to take a practice SAT test. Mike's usual pattern would have been to buy a magazine, surf the internet, or text his friends. Now that I understand it better, Mike was "exercising his brain." Just like his discipline with physical exercise to stay in shape and prepare for the hockey season, he had grown accustomed to exercising his brain in a certain concentrated focus.

After some time had passed, I received a phone call from Mike that he was on his way to a job fair at Syracuse University. He had gotten an interview at Prudential and was given an aptitude test. He scored in the top 5 percent of the population that had taken this test, according to the person who interviewed him. In Mike's words, "I blew it out of the water." I

felt when I heard this news, that Mike's original nature - that which he had been born with - had been restored.

*It was as though his personality had been returned to its original blueprint.*

Since this time, Mike has gotten a 4.1 in his most recent semester in college, with an A+ in Advanced Calculus. Mike was invited to the President's Club Dinner where he was joined by all of the students who received a 4.0 or above. He has expanded his major to include a minor in Math and Computer Sciences. He was recently inducted into Phi Beta Pi, an honor society for the top college students. He is currently pursuing several internships for the summer and has been invited to be the research assistant to an economics professor at SUNY for the summer, where he will be in residence. His intention is to apply to several graduate programs in Financial Analysis next year.

This is a side of Mike that I really had not seen before - the scholar and the dedicated student. It is safe to say, that Mike's destiny has been altered and accelerated. What might have taken him years to accomplish has occurred in six months. He has transitioned from a primary focus on achievement as an ice hockey goalie to a professional career, where it is necessary to obtain knowledge to perform in a very highly competitive arena. It seems that the Focus IQube not only helped with the refocus of Mike's energies and the transition, but also has assisted Mike with the intangible - the confidence to pursue a career and to obtain the knowledge that is necessary. The struggle and the burden of this transition has been lessened and is, consequently, not overloading him at a delicate time in his life. As a mother, I am relieved that this tool has eased Mike's "transition into adulthood" and am happy that he is free and confident to pursue a new set of goals. At times, I am in awe with his growth and feel very grateful that he had this "assist" at a critical moment in his life. It undoubtedly saved us time and money and will have a very positive impact on his future.

I also feel that Mike is happier with his life and more relaxed. I would say that he stopped struggling toward his future and began to thrive and blossom in the creation of his future. He is quickly realizing his goals and aspirations and is a very self-empowered young man. The memory of the day when he was studying for the GMAT and called me to say that perhaps he wasn't "smart enough" has long since disappeared from his vocabulary and self-appraisal. When my son's life got easier, mine got easier as well. This tool was perhaps the greatest gift that I could give Mike, and will undoubtedly be viewed as a significant turning point in his life. It has changed his destiny for the better.

## IAN'S STORY: Age 28

My background with the Sacred Scalar technologies has been with the Voice Analysis, Rejuvenation, and Protection IQubes. Each had unique effects and created changes that enhanced different areas of my life on a more subtle energetic level. So when I heard from Robert and Helena that they had developed a Focus device, and that it would be ready around the time that I had planned to meet them for a visit, I was intrigued by the idea of its “neuro-enhancing” application. My work in the field of IT security was continuously demanding greater clarity, focus, and the ability to complete complex tasks, amidst the countless other priorities, expense reports, and travel details I was immersed in at that time. The idea of a device that would assist me with efficiency with work had great appeal.

In my first experience with the Focus IQube, Robert, Helena, and I were sitting in their living room and the device had just been turned on. We all went deeply into meditation and I felt an immediate change in my body. My shoulders lightened, my chest seemed to be adjusting, and the tension in my temples and jaw, that had continuously been there and attracting more of my awareness in the last month, was throbbing. There was a perpetual feeling of something “popping” that seemed to push through during the entire meditation. Some sort of deep energetic circuit was moving in a way that I had never felt. I cannot say that I understood then, or now, what was happening, but what I felt deeply inside was that this was a good thing.

I took my Focus device back to the hotel, and left it on overnight while I slept. I could not seem to get enough of this energy. It was like a craving. This device was moving something deep; patterns of sadness, stress, anxiety, an amalgam of intangible cloud was shifting and I was committed and hungry to push it out. For the next few days, I was elated and light. The world was a lot easier to process with clarity and without stress.

In the days ahead, I began writing scripts and automating my installation tasks at work. I wrote mini-programs that I had been “meaning to get to” within a couple of weeks and a key seemed to be my ability to do more without “thinking about it.” Normally, I would take time, ponder, scratch my head, and then force my energy into this type of project with exertion of willpower. I just started “doing” and not worrying about the results. I began to feel that some sort of old stress that had been resting in my shoulders and all the way through my jaw and forehead had been scrubbed out vigorously with a wire brush and rinsed-washed away.

Watching myself improve subtly, there was no denying that this one device was bringing performance benefits to critical thinking and focused activities. My mind felt well-oiled and



healthy. I even actually felt and watched my physical reflexes improve. There was this feeling of being me, but a better version of myself... Ian 2.0.

My experience with the other devices had convinced me that it would be pretty naïve to try and comprehend how this was all working with my “regular mind” vs. the higher mind or altered state intelligence. I just relaxed to witness what was changing. I began to realize a greater sense of grounding. My energy seemed to move and respond with more consciousness. There was a general sense of relaxed focus, an automatic pull-back in the face of old drama. This was a milestone after the first month with the Focus IQube.

My energy level was also no longer normal. I was sleeping less, feeling more grounded, moving and acting more intelligently, consciously, and deliberately. Although I cannot say definitively that it was the role of the Focus IQube alone, because I was using the other technologies simultaneously (Protection, VAHS, Rejuvenation IQubes, along with the Focus IQube), I can say that my confidence level started to shine after about 4-6 weeks of operating this device. The outside world and past relationships were now clearly showing me what a different person I had become. The old patterns, games, and challenges were not attracting my attention in the same way anymore.

I once heard that emotions are like a radio station, and if you’re tuned into a particular wavelength, you react to the world to create whatever emotions are on that frequency of the dial. That was a distinct realization, because even though I did not think I had too much of an issue avoiding drama in the past, I was even better at it now. It was becoming automatic. My vision and senses were more alert, and I just wasn’t even going there. I was seeing myself disengage with people earlier from involving me in “drama routes”; before it even became any kind of tough decision or challenging situation. I was aware of these developing incidents higher up-stream before situations became problems. This was to become even more apparent in my career.

My career had been going very well. I was earning excellent money in the corporate world, traveling the world, and performing independently in an elite IT security position as a contractor in the field. The only thing that seemed to bother or frustrate me continually was the level of stress that seemed to originate and get placed on my shoulders from the office. A report or training had to be done “yesterday.” A sudden situation or problem always required immediate attention, reaction, and over-reporting. My heart and passion were dwindling by the grind of shouldering unnecessary drama and following authority without integrity.

Despite these conditions, if you had asked me at age 21 if I would ever leave a job that involved working in the field with no boss, making four times the income, and traveling the world to exotic countries, I would have told you that you were out of your mind. Now I was discovering

that my individual energetic makeup and strategies had altered and improved in a short time, and my sense of importance with the external world was shifting with it. I was becoming immersed in the realization that what had changed for me in my life in less than two years with the sound technology devices, was almost too profound to be believed.

All of my traveling and working by myself had insulated me from steady interaction with other people and the natural capacity to gauge those personal changes through the reflective effect of interpersonal feedback. Talking with old friends, I was now realizing that my “identity model” in the outside world, what encompassed how I related with people, had shifted and I was now straining to avoid the awkward feeling of not relating in old relationships. Their appearance was deep in the same patterns, and I didn’t really want to cross back over into the “old world.” Even people I had met six months earlier seemed different.

I was having difficulty telling anyone, except my closest friends and family, what was going on and what I had discovered. Other attempts to explain were returning a blank look, and I could feel the hardening judgment, and almost hear the “he’s crazy” forming in their minds. And I can’t blame them. Two years earlier, I had been a bit of a “wild-beast” as a contractor performing IT in Iraq. I have always been spiritual in nature, but there is no doubt that at that time, I was deeply locked into my peer-group patterns of smoking, drinking, and active “huggy-suit pursuit” of chasing women, that had started from my military and surfer days.

I am, of course, not an expert, nor qualified to make any claims about PTSD (Post Traumatic Stress Disorder) or trauma, but I can say that I experienced physical violence and abandonment in my early years of childhood. This is still not easy to describe and I had a lot of blank memory. I also have other memories of developing physical stress symptoms like sickness, cold sores, and fever blisters, and going into long emotional tailspins and depression where I just wanted to disappear from the world. This occurred well through my teens and early adulthood. I felt the intensity of it constantly hanging around like a cloud. It was haunting me...beating me.

I tried many different healing modalities since I was 16, including Reiki healing sessions, meditation, self and regular hypnosis, self-help books, healing tapes, and what I had learned from my mother’s Master degree-level wisdom and intuition as a trained counselor. All of these contributed in some degree to slight improvements in my health and happiness, but I intuitively sensed they were not hitting at the level that I needed. What was still lingering over me was deeper, and I didn’t have the answers. The process of “healing” can also get old. I wanted to just feel good. So I pursued more physical activities to seek pleasure and a deeper feeling of personal power. This translated into a lot of short-term gratification and heartache.

It really was when I received the VAHS IQube that I began getting traction and it continued building momentum from there. By the passage of approximately 18 months of continuously

using the various IQube technologies, the combined energy of my intentions and enthusiastic utilization of these tools, had radically altered who I was as a person and where I was focused. I had invested the energy into movement of my inner blocks and set the intention to grow out of old patterns. I was no longer depressed and hiding. I was proactively moving forward with rapid success. Things kicked off to another level with the Focus device.

By the time I had clocked two months with the Focus IQube, the only thing I truly wanted was to jettison the imaginary stress of the corporate world and see if my guidance and events might actually open the opportunity to come to Hot Springs and assist and be involved with this obscure and alluring metaphysical project. The VAHS, Protection IQube, Rejuvenation IQube, and Focus IQube had totally transformed my life. I was now asking myself, "Could these devices work on a grander scale? What if these were in every home, business, and in study centers? Were the seeds of a paradigm shift and an entryway into a world of greater prosperity, harmony, love, and consciousness, the same tools humming away in my hotel room?" I consider myself a fairly grounded person. Had I just gotten overzealous and gone temporarily mad? I took a long, hard review of things in my life.

What I knew was that I WAS actually experiencing and witnessing a technology truly innovative and revolutionary. I knew that this was the one thing that I had intuitively been attracted to and the only thing that had pushed me through life-long blocks and feelings of deep anxiety, anguish, and depression. Ultimately, it was the fact that these devices have worked so powerfully and efficiently to move me through these deep patterns and increase my own and my family and friends' quality of life, that gave me my answer. I needed to commit.

The Focus IQube contributed directly to my decision to accept the invitation from Robert and Helena to come to Hot Springs and assist with the project. The fear I would have felt before seemed to melt away in those two months after using the Focus IQube. The financial worry I would have felt in a big way, just muffled out. I felt sure that no matter where I was going, I was going to succeed, because my confidence and self-efficacy was rock-solid. I still feel this today, despite adapting to a completely new environment that is very self-directed after years of military and corporate structure. I am solidly convinced at this point that these tools and the creators are "legit."

*While perhaps still somewhat a hidden secret, these truly are the Sacred Sciences at work on Earth.*

I do believe that the Focus IQube was the practical application that put me over the top. Whereas I might have been too overcome by fear and the lack of safety or security before to make this kind of decision, I was ultimately able to make this very real, life-changing decision with fluid and decisive ease.

And now I am thankful to be in an environment with no external ceiling on my growth. I am in the epicenter and continuing to use the newest tools, integrating a more and more actualized self-image, and riding the grand wave with humility and gratitude as the divine energies upgrade my human blueprint.

*“With equanimity, what passes through your mind is held with spaciousness so you stay even-keeled and aren’t thrown off balance...This state of being is not based on standard prefrontal control of emotions, in which there is inhibition and direction of limbic activity. Instead, with equanimity the limbic system can fire however it “wants.” The primary point of equanimity is not to reduce or channel that activation, but simply not to respond to it.” (“Buddha’s Brain” R. Hanson, p.109, 111-112)*

## **Jason’s Story: Age 50**

I am just a normal guy – uninformed about energy or meditation - “new” on this journey. I left a world of IT management consulting to give back to the world. I was used up, tired and frustrated with the theatrics of business.

I had been working with Sacred Scalar energy products for almost a year and am a Rejuvenation IQube and Protection IQube owner. Just before a trade show in Calgary, Alberta Canada, I received the Focus IQube. Within an hour, I felt a veil or cloud lift from my mind, which was the start of a fascinating journey. It felt as though I began to rise up out of the pressure of the moment into a higher state of thinking, where the issues of the moment were of less importance than the moment I was in.

The next morning I felt different. I had a desire to get stuff done (rather than having to push myself to get it done). I felt I was able to make decisions with improved clarity. The energy was overwhelming at times and I had to shut the device off. My stomach would often feel queasy, but it wasn’t like the flu, or anything I had felt before... just an unsettled feeling. Despite this, I was determined (as much as possible) to keep the Focus IQube close by me. This feeling of queasiness passed in a few days. I got ready for the trade show feeling energized and very clear.

That weekend we ran a booth at a trade show. I am very sensitive to energies and find working these shows hard, even at the best of times. I was exhausted and was looking so forward to spending time with my friend. I had been asking for a soul mate for years and in spring of 2010, the universe had provided that person. Over the next few months, we spent hundreds of hours sharing our inner most being-ness with each other. Needless to say, I was 100% invested into this absolutely fantastic relationship and had shifted much in my life to increase the chance of its success. I was very grateful and blessed.

Sometimes things are meant to teach deep lessons. Well, you guessed it. Without warning, right after the trade show, the relationship was over. The last time this had happened to me (as a teenager) I didn't speak to anyone for over a month. "Oh shit - now what?" would have been my normal response. Within approximately 4 hours time, I accepted the loss of the deepest relationship I have ever had and was ready to move on with life. I was able to observe the lessons I had learned, what had really transpired at multiple levels, and saw how so many things came rushing together to form a very complete picture, all without my emotions getting in the way. As an introvert, I tend to pull inside and isolate myself from the world, to have time to process things and recharge. This new response was absolutely amazing to me!

My world of understanding unfolded in very strange ways. Within a few more days, I started to understand my involvement in my world and life as a human. I began to be cognizant of other's agendas, energies, and personalities hovering near my life decisions relating to relationships, business undertakings, and other areas of life. I recognized when my emotions became engaged in a thought sequence playing out in my head. It was like I was watching an old friend - with my wellbeing in mind - try to sideline my decision-making process or thought. When I chose to ignore the "advice" from this emotional friend, it stepped aside gracefully, understanding that it was better for me not to be ruled by my emotions. I was beginning to recognize that by choice, I could live outside of my emotions. Wow! Such liberation and freedom!

I need to emphasize here, the Focus IQube does not make one an emotional zombie. It seems to stimulate the higher function of the brain that allows me to rise above my emotions and see things for what they are. It is adding a brain process to what was an emotional base. This is VERY IMPORTANT to me, as it allows me to live my life, not have my life live me.

As time stretched on, my perception of the things in my life that stressed me out seemed to change. I was more at peace with myself. I could process and prioritize from the hundreds of things in my life that needed to get done, without creating a stressful time. This was also evidenced within my physical living circumstances, as I was able to move back into a situation that I had run from. This was done with ease and virtually no stress.

My body also seems to be shifting. Not that I had any significant health issues before, but somehow I am more aware of the interaction of my body and mind. It is too early to declare definitively, but I get the sense that I am more consciously in control of how my body behaves. I wake up earlier than before, with my brain feeling rested and at peace and ready to live the day. This is quite different for me. I used to wake up with my body rested and my mind wanting more rest.

Not that I am a skilled meditator, but I have noticed that the state achieved through meditation seems to be how I function much of the day... centered and at peace. My thought processes are elevated. I'm able to observe myself and how I have made choices in my life. Minor panic attacks seem to have almost completely vanished. The feeling of being overwhelmed appears to be a thing of the past. I now wake up with a deep sense of joy and happiness. Before this, I could choose (usually) to get to that state through meditation or positive thinking and get to a happy state for periods of time... but not like this. During a busy day, my state of mind would gradually move away from this positive state. Now that my mind was clear, I realized all the amazing things that I was grateful for. The feeling of a true, solid, unbounded joy lasted all day, and then the next day.

To feel such balance and freedom... freedom to connect to my higher consciousness, to understand things at such a deep level; it leaves me without words to describe the understandings I received. Life will be very interesting, to say the least, as we evolve to a higher state of being-ness and fully open these amazing minds we have been blessed with. I had a very deep realization that I/We are all ONE/PERFECT and we only need to remove the blockages that hold us back from our true selves. Intuitively, I believe that by prolonged exposure to the Focus IQube energy, the shifts within me will continue to allow me the privilege to truly evolve. To what, I am not sure, but I firmly believe that higher states of consciousness are available to us.

*After Jason had the Focus IQube for several weeks, his story continues...*

When I began using the Focus IQube, I became more emotionally conscious. I was feeling good and watching the emotion, almost as though I was way up in the clouds and I was able to observe more. I was brushing away the cobwebs. Now I see that I am different. In the last few weeks, I am looking at my life, and it is like looking at a different life. I am building confidence. I am feeling free. I am not entangled. It's as though the Focus IQube shook the patterns loose.

*I see the reason for this shift in consciousness is because of a deep awakening of the true nature of who I truly am. It is a level of detachment that I am experiencing. It is not being controlled purely by the limbic system. It is, instead, like being freed from the control of the limbic system.*

When we get out of functioning purely in the limbic system, we don't react to the environment in the same way. It is like I am becoming the master of the body, instead of the victim. There is a continued shift in my body. It is like the computer has just reset itself. The design flaws have disappeared. The design flaws passed on by the two parents have lifted. The depression flaw was there. It runs through all of the generations. I am just realizing the effect of lifting the

intergenerational depression and it is awesome. Like a huge burden being lifted... a weight that was carried over and over again, just lifting and going away.

I feel like I did when I was 25 years old and running several companies simultaneously. Nothing overwhelmed me then. I would just go about my day, able to tackle any challenge. As I began aging, things felt more overwhelming and difficult to accomplish, and I often would feel more agitated by having so many different tasks to do. Now I feel like I am totally in the present moment, grounded and aware; like everything is fine and I am not at all concerned about the future. It is as though my worries and anxieties have melted away.

It is not only 3<sup>rd</sup> dimensional. I am cognitively aware of what is going on in higher dimensions. Now I am aware of what is awakening. I can see and feel clearly. I am at peace and I can think clearly. I feel now that the Focus IQube is more than we can appreciate or dream about. We don't have a paradigm to explain or describe it. We will just have to experience it.



*"All of the brains had evidence of new cells exactly in the area where we'd found neurogenesis in other species," Gage told the Dalai Lama. "And we could prove through chemical analysis that they were mature neurons. The neurons were born in the patients when they were in their fifties and seventies." And they were born at a prodigious rate: neural stem cells, progenitors that are able to morph into any kind of cell in the brain, had created between five hundred and one thousand new neurons - daily - in people who were decades past when neurogenesis in humans was supposed to cease. "And these new neurons stayed alive until the people died," Gage said. "That was the first evidence for neurogenesis in the adult brain. So now we know that in some areas of the brain, new neurons are being made all the time. It was a surprise, because we thought the brain was stagnant. But in this region of the hippocampus, there are these little baby cells that are dividing, and over time, they mature and migrate into circuitry and become a full-blown adult neuron with new connections..."*

*"The discovery overturned generations of conventional wisdom in neuroscience. The human brain is not limited to the neurons it is born with, or even to the neurons that fill it after the explosion of brain development in early childhood. New neurons are born well into the eighth decade of life. They migrate to structures where they weave themselves into existing brain circuitry and perhaps form the basis of new circuitry." ("Train Your Mind; Change Your Brain", S. Begley, p.64-65)*

### **Kristina's Story: Age 73**

When my Focus IQube arrived, I was so excited, like a little kid. While I was unwrapping each little package that had been wrapped with great care and love, my huge smile was from ear to ear. After connecting and setting the Focus IQube up, it was amazing. My brain immediately started to have great energy and exhilaration. My whole head was energized and alive...so alive. I was smiling, smiling, smiling...very happy and joyous. It was like my brain just woke up. Everything seemed brighter, clearer, wide open. My eyes were looking through a big wide open window. That is what I felt. I was highly energized and awake.

I am observing that I am now able to:

*~ process my "stuff" and integrate the changes into my everyday life effortlessly*

*~ observe the dance of the infinite*

*~ be a witness in the illusion play that is ever present*

*~ live life in honesty and truth*

*~ maintain inner balance in the field of diversity*

*~ remain steady in the feeling of clarity and lightness*

*~ maintain strength and perseverance with less emotion*

I can now witness my thoughts and other people's thoughts and actions, like observing. I feel like I am removed from the attachment to the action. I am also waking up earlier, feeling energized, happy and clear in a silent way, and staying in the present moment. My anxiety and fear attacks seem to vanish. I used to get overwhelmed realizing that this was happening to me. I had no idea where this energy came from (being extremely sensitive and aware of energies that govern the planet and around me). I feel timeless, refreshed, and at peace, and it stays with me throughout the day and evening.

I do feel grounded. I have never felt grounded before. I realize that I did not want to...for it was most natural to be in the heavens. I did not want to be part of the great illusion world. Duality...who cares...what is that? There seems to be more unity and not a separation like good or bad. I feel more balanced and content and more of a whole feeling. The Focus IQube has shifted my thoughts of my life tremendously. I am staying in the moment and instead of attaching my emotions to a living dream, I witness it.

*After Kristina had the Focus IQube for 10 days, her story continues...*

Everyone has trauma. The Focus IQube seems to relieve the deep stress of what we are carrying. It seems that I am not being overshadowed by fleeting emotions. When the negative emotion comes, I can clear it before it takes hold – whether it is the guilt, the anger, the attachment to things being a certain way.

*My body and brain feel new – reborn, regenerated.*

I had layers of gunky, gucky, heavy covering. It doesn't exist anymore. My sleep cycle seems shorter. I have been, for many years, experiencing the waking state while asleep. So now it's like matter of fact, acceptance. It's not up and down, but experiencing an extreme steadfastness and balance...and it feels most natural. Wow! That is all I can say. I am really living in a beautiful balance – amazing.

The last 7 years of my life had been challenging to me in a huge way. I do not want to go into the specifics, but I had almost given up to just accepting not being in balance. I always continued to try my best to stay in balance. And yet, over and over again, I failed. This caused great pain to my heart and soul. I wanted to free myself of these emotional feelings that kept overtaking my consciousness. Well, now, it's gone. Every day and night, now I feel invincible... in beautiful balance and strong. It's like "what was that all about, all those years?"

I feel whole and complete in a different way, and at a time when the universe is moving so fast. The whole planet is being pushed forward faster than we like for it to be. Everyone has huge challenges and opportunities. It's how we view it. And I am experiencing being in the midst of it all; beautiful, strong, whole, balanced, steadfast, happy, grateful, joyous, grounded, strong - like I own my space wherever I walk.

I have been on this spiritual journey forever, since I have been in the baby carriage in this life. I was extremely sensitive to the movement of energy and vibrations. I realize now that I got stuck and sort of overwhelmed and little by little my emotional body became hugely off balance. Not anymore. Hurray! I have never felt this way in my entire life.

Instead of being overwhelmed by a person's aggressiveness, I stop and ask them to please be aware of what they are doing. I realize that this might seem like an insignificant change, but it means that I am not being overwhelmed by their drama and acting the role of the victim in it. I am not overshadowed by their transference or their issue. This is a major shift in my personality and way of being. Instead of getting caught up, I am able to detach myself from the emotion, realizing that it is not mine and I do not want to be involved in this "movie."

I had a dream and the message I received was: "This is it. This is going to do it for everyone. Don't expect anything, but this will change your life, however it needs to change. You may not know how it needs to change, to make it better and allow you to reach your essence." I awoke thinking of all the places that the Focus IQube needs to be - the big picture. This is the power of change. The changes that are going on in the brain, we can experience in all of our bodies. We become what we were originally designed by the creator to be - perfect. Imperfection is the karma of the physical body. We can be brought into the now - right now - with this gift, this technology.

I have really been reflecting about my love for the Focus IQube. For me, it has to be divine truth in the corridor of time. All these years knowing of Robert's work, his innermost sacred heart, his dedication and understanding, there was a certain knowingness. He just always "knew." It was most natural. He never swayed away from his divine mission - in a very grounding and sober way. He just knew what was next to come; the kind of knowingness one has that the light of the morning sun is going to start the new day. I love all his divine gifts, all his inventions - every one of them. I feel privileged to be in the company of this technology and to experience with this evolutionary tool all the many changes in my life in a steadfast way. It is amazing. Thank you.

## Kate's Story: Age 67

I've come to this technology through Her Holiness Sai Maa who has investigated and recommended it. Whereas I've known about it for several years and have followed the work, I hadn't done anything about it until I became aware of the Focus IQube and a couple of recent write-ups. The one that particularly drew my attention was the woman who was in her 70's. As I am 67, I had been feeling symptoms that concerned me about my aging brain.

While I have been forgetting why I've walked into a room to retrieve or do something for several years, I have always just written it off to normal aging. However, this past year, I've added other symptoms of forgetfulness, struggling to remember words, and not being able to focus or remember, and I was feeling anxious about my brain aging.

After a chat with Helena, I decided to try out the Focus IQube. I received it in early November and within the first 2 weeks, I noticed an immediate shift. I did not use the IQube with an "intention", but just let it work on the brain.

I then noticed:

- My struggling for words went away.
- I was able to retrieve information more readily.
- I became more articulate.
- My brain felt nimble and more agile.
- Physical movement was easier and I moved more freely.
- I ate a lot more. (And now I've noticed that it has shifted back to more normal eating.)
- I was able to work on a new project and to organize it.
- I was able to take a course and keep up with it.
- No longer was I walking into rooms and wondering what I forgot or questioning why I went in. (Or if I do, I'm able to quickly recall what I was after.)

My anxiety and fear issues are gone. While I'm not normally anxious or fearful, there were anxious thoughts about aging and living alone that I've noticed are not there anymore. Even while traveling and I was not under the presence of the Focus IQube, I never felt like I regressed

to any previous levels. Now, it is February, and I feel like I've leveled out. And there are times now, when I feel like my brain wants to relax from stimulation and I turn off the IQube for a period of time.

I've been using the Focus IQube with friends who live long distance. One person is aware of changes in her brain activity and I noticed her being more articulate and remembering words when talking on the phone. I turned off the IQube while in Mexico for 2 weeks, and she called to see if it was off, as she noticed a difference. Another friend has not noticed any difference. I've also had company and have checked with them to see if they've noticed anything. One couple visited for 4 days and didn't experience anything, and another person visited for 2 days and didn't experience anything. My experience tells me that it takes several weeks of use to notice changes that have occurred. It also takes being aware of one's body.

The Focus IQube shifted me and cleared up my "stuff." It cleaned up those parts of me that were holding the negativity and malice. My Focus IQube has done its work. It has prepared me to go to the next level. Our purpose here is to evolve. It encompasses all traditions. It is a mission for me.

## Jan's Story: Age 47

The Focus IQube is a great tool to get your brain in order so you can think properly. I now have a tendency to get more things done and not space out. It seems to me that the cells get rejuvenated; they get recharged.

It has virtually taken away the symptoms of my PTSD. People with this type of disorder are accustomed to drama - they may seek it out. I personally was worse off than anyone knew. I had split and created my own reality. The Focus IQube put my mind in a healthy space. I no longer wanted any of the negativity and drama. I only wanted happiness. The Focus IQube changed my way of being and feeling. I am now in a place of gratitude and forgiveness, grateful for my life. I am no longer depressed. I am doing so great.

I have realized that people are not their circumstances. I no longer borrow other people's dramas. I am just not interested in their misery. The Focus IQube has helped me to disconnect from the drama, and be in the now. I am alive and grateful to be alive.

*I wouldn't say the Focus IQube is a product...it is a miracle.*

*"Equally revolutionary is the discovery of how the brain changes. The actions we take can literally expand or contract different regions of the brain, pour more juice into quiet circuits and damp down activity in buzzing ones. The brain devotes more cortical real estate to functions that its owner uses more frequently and shrinks the space devoted to activities rarely performed... In response to the actions and experiences of its owner, a brain forges stronger connections in circuits that underlie one behavior or thought and weakens the connections in others...In this sense, the very structure of our brain - the relative size of different regions, the strength of connections between one area and another - reflects the lives we have led. Like sand on a beach, the brain bears the footprints of the decisions we have made, the skills we have learned, the actions we have taken. But there are also hints that mind-sculpting can occur with no input from the outside world. That is, the brain can change as a result of the thoughts we have thought." ("Train Your Mind; Change Your Brain", S. Begley, p.8-9)*

## Helena's Story

After the Focus IQube was created, I was actively involved in observing the changes in the people around me who were first exposed to the Focus IQube and were experiencing a rapid personal transformation. The shift in my own personality occurred almost without my notice. I suddenly started to feel as I used to feel when I was a child, reading numerous books at a time, or when I was studying and learning in graduate school. I wondered, "Is this what it feels like when the brain reawakens - when we start to awaken the synapses?" I was inquisitive. Also, what I wasn't interested in learning or doing became quite apparent to me as well, so there was a higher level of selective focus. I began writing and reading more easily. Things flowed for me with greater speed.

During this time, I began to work on a Power Point presentation. Many blocks which I had just vanished. I did not care if it was perfect or professional, only that it was joyful to create and that it flowed. I was more engaged in the process of creation instead of the "perfect" outcome that blocks so many of us. I was able to concentrate on the difficult tasks of writing and reading and ignore some of the superficial tasks which always called for my attention. I was able to work for many hours without responding to every distraction. My insight and intuition increased. I noticed that I had gained the gift of instant clarity. I seemed to know exactly what I needed to do next and would just do it.

I had insight into my own personal destiny and I felt that I could make this happen easily, almost effortlessly. There was an instant knowledge of my true higher purpose and the purpose of those around me. I knew exactly why I had incarnated and how far I had progressed. I also suddenly understood the issues that I was resolving with others and how far I

had progressed. I realized that it was my destiny to write, in order to serve humanity; to carry an activation and an awakening through the written word. Everything seemed to be moving ahead so beautifully.

Then I broke my foot. It happened in one split second. I slipped and fell wearing the wrong pair of shoes. This event brought me totally into the present moment. I understood that I had needed to change and this event was the medicine. I was doing too much at once and not assimilating the current transformation on the physical level. It was not anchored in my body. With the Focus IQube bringing greater clarity, I had decided to attempt to write a book in three weeks, while completing my doctorate, in addition to the daily business tasks which consumed 99 percent of my attention.

I had been overly busy for years, always ten steps ahead of myself. I was not really enjoying the pleasant engagement of the present moment. Instead it was the next task, and the next. As formulators of this incredible project of Sacred Scalar Technologies, there was always someone to contact, something to ship, something to organize, a new project to create, a new law which required adaptation of language, or something to purchase for the technology to be built. It was difficult to prioritize my reality. This is what had to change. I had to create a new way of being.

The Focus IQube had made clear to me that I wanted to spend more time writing and creating and less time talking and doing. Normally a broken foot would have set me back, but instead I understood the reformulation instantly. I was changing my entire way of being and my body responded by reformulating itself. I was changing the hologram of my foot, or the way I stood in the reality of my being. Breaking my foot was an assist to help me to unfold my true destiny. People would call it bad or unfortunate, but to me it was a great blessing or my great karma. It provided me a time to reformulate all of my behavior and thought patterns. I could create a new way of being. I was on a new incarnation.

In the middle of this awakening, I felt that an eternity of sadness related to the weight of the collective human experience was being permanently transmuted and removed from my being. Such an occurrence seemed attainable. Having burned off the sheath of the covering of my depression, I could feel my soul shining through into this world.

With the sharpness of my intuition increased, I could see more clearly who arrived in my destiny with the potential to take on a significant role in this work. My joy also increased. Any unconscious depression vanished and I saw that the dream of my life was actually being accomplished. I also could see into other dimensional realities more clearly, understanding their influence on my current state of being. If there was residue or traces of the depression left behind, it seemed effortless to release these.



I felt that it was easier for me to formulate this dramatic change in my life and to see everything that was happening as a form of divine grace leading me to my true destiny - which is everyone's true destiny - the realization of divinity within the body. It was as though I had been gifted a brand new brain with eons of neuronal cell bodies and synapses synergistically activating and dancing together. The gift of the Focus IQube has helped me to unveil my highest purpose at this moment in time. I also understand clearly that this tool will assist others in accelerating and paving the path to their destiny as well.

*It is a tool to awaken one's consciousness, so that a person can become whole once again and rediscover their true destiny and purpose.*

When we do finally awaken, our destiny will automatically fall into place. What I also realized was this process of awakening lightens the heavy burden of the emotional karmic load of the collective consciousness of humanity. Awakening the mind and the soul is another benefit. Increasing the quality of the life you live, while you focus on actualizing your highest destiny, is a great joy and another benefit. On the highest level, prioritizing becomes a natural function. When we are in tune with our purpose on this planet, it is natural to prioritize according to this purpose.

In the midst of the awakening, there can still be moments when the stress of the ego (the "huggy suit") overshadows us. It could be some small insignificant event that we attach to, something totally unreal, that for some reason we value; something or someone that brings us back into these experiences. We need to be grateful for the lesson of where to put our attention - where we need to do more work - where the weakness lies. We will find that it is something very unreal, a stressor which underlies our personality and overshadows our truth and our perfection. When this is loosened, it is a chance to let it go forever. It is a chance to see who we are underneath the falsehood.

Our original template comes from the causal body. It then gets interpreted by the physical body, the culture, and the ancestry. The profound sadness is that in this process, the real template gets lost. The higher energy centers have ceased to function properly. This supports the duality and the total investment in the ego and the body. It is then we get lost in the world of the senses.

Although the divine template was created perfectly, it was never downloaded properly into the body. It became corrupted. This is the separation tragedy and drama. This Focus IQube device is focusing to restore this template and download the code correctly; to correct the misfiring of the template. We are, in essence, resetting the subtle body and its translation into the physical, at will. The Focus IQube resets the proper program (or code) to the subtle body which

will help correct the code of the physical body and to restore what was misused. It is akin to resetting the template. We are correcting a flaw in the original template.

*We are restoring the divine template.*

*The Smart Technology Association is a private membership association dedicated to self empowerment coaching and education. For more information about joining the Smart Technology Association, please visit our website at [www.smarttechnologyassociation.com](http://www.smarttechnologyassociation.com)*